



# INTERNATIONAL Fateh Academy

a budding school of international standard

Academy Road, Jandiala Guru,  
Amritsar-143149

Contact Nos. 9781022501, 9781022502, 9781022504  
website: [www.fatehacademy.com](http://www.fatehacademy.com) email: [fatehacademy@gmail.com](mailto:fatehacademy@gmail.com)

Volume 3 Issue 1 May 2010 Amritsar Pages 6

## From the Chairman's Desk



International Fateh Academy (IFA) welcomes all the new students and their parents to IFA family. Our efforts to provide quality education includes regular interface with updating of syllabi with inputs from experts from academia, exhaustive faculty selection process and continuous modernization of information systems. A great deal of investment is made in providing the students with conducive environment for intellectual stimulation and personality development. Along with development of academic syllabus we also look towards all round development of your child. IFA is coming forward with new scopes and facilities for the all-round development of your ward. International Fateh Academy

combines an ambitious, challenging academic program and a rich range of extracurricular activities within a framework that draws on a variety of cultures and prepares students for global citizenship. The school is in fact and spirit an international school, catering to the needs of students from all parts of the world. It prepares students according to standards prevailing in most countries, including India. A simple, yet distinctive and firm underlying philosophy of the school is to provide an international education while being steeped in the rich Indian educational tradition and core values. It aims at being rated as one of the best international schools in India and acknowledged as world class. The school develops the best in children and prepares them for the challenges of the changing world through encouragement of self-discipline, high intellectual achievements and physical fitness. IFA believes in Quality Learning and Teaching to Improve Student Learning outcomes. All the parents and guardians are always welcome with their valuable suggestions and opinions.

S. Jagbir Singh  
Chairman

## From the Vice Chairperson's Desk



The great goal of education is not to cosmetically furnish the minds to produce doctors and engineers but to develop the sense of right, duty, honour, love of God and humanity. Man is the centre from where forces radiate inward and outward. These give him an outward life and an inward existence. Schools must stress on reasoning faculty of man. Moral education is becoming an increasingly popular topic in the fields of psychology and education. Media reports of increased violence, juvenile crime, and suicide have caused many to declare a moral crisis in the globe. While not all of these social concerns are moral in nature, and most have complex origins, there is a growing trend towards linking the solutions to these and related social problems to the teaching

of moral and social values in schools. Fortunately, systematic research and scholarship on moral development has been going on for most of this century, and educators wishing to attend to issues of moral development and education may make use of what has been learned through that work. We often hear people around us grumble that the world is in a bad shape. There is much of corruption, exploitation, merciless killings, terrorism, a lot of casteism and communalism, pollution, global unrest, mutual hatred and a total crisis of character. Man, machine and money are the modern day trinity. Morality is a casualty. Inflicting untold miseries and sufferings on our fellow beings is the rule of the day. All this needs to be reformed. But who is to bell the cat? It is we, the children, who have to complete the task. Today the dire need of the hour is imparting of moral and spiritual education in schools, for "the simple cause of making the young ones strong, brave, courageous and valiant enough to fight the unending list of evils.



## Continued from the 'Vice Chairperson's' Desk

The world has witnessed many wars, battles on the basis of caste, creed and colour. It is lack of a global understanding that stops mankind from living together. Global understanding and mutual brotherhood is attainable only when children are taught not to see others through rose-coloured glasses and to find fault in others. Here at IFA we are trying to inculcate the values like universal brotherhood, faith in one God and one mankind should be inculcated in a child at an early age. This would surely ensure a brighter tomorrow. It is high time for us to realize the need of the hour and rise to the occasion bringing back the past glory of mother earth and restoring its pristine purity. Only moral education would lead us to attain our ultimate goal of peace on earth. We all should take a better initiative to build a moral base for the tender kids

Mrs. Ravinder Kaur  
Vice Chairperson

## From the Director's Desk (Academics)



International Fateh Academy endeavors to provide holistic education for the overall development of the child. Striving for Excellence is the motive, be it academia, sports debates declamations, music, dance, art, craft, theatre or literary pursuits. In addition to offering World-Class infrastructure the management is keen to uphold the traditional Indian values. The trust here is to blend thoroughly the modern and the traditional. Effort is afoot in the school not only to raise the self-esteem of the child but to train him to respect others also. The teaching-learning technique in the school is mainly based on Do, Feel, Learn, Reflect and Be. A child learns through exploration, experimentation, critically examining things and suggesting alternatives. Field trips, educational tours, visits to historical and cultural places enhance their learning. The aim is to give them maximum exposure so that their aspirations are raised, by employing various strategies like involving them in real-life

situations. We are trying to instill in our children an indefatigable will power so that they are able to face undauntedly the challenges of life.

Mrs. Rajinder Kaur, Director (Academics)

## From the Principal's Desk



An institution stands on four pillars- its members, their values, character and spirit that build a sound foundation promoting oneness. Like Thomas Edison once said, 'There is no substitute for hard work'. And with this common thread of thought running throughout IFA, this institution is bound to touch the sky. International Fateh Academy provides warm, caring, stimulating and challenging environment in which our students learn and develop. We aim to provide a quality education which explores and strengthens the hidden potential of the pupil. We ensure an environment which enriches the intellectual, spiritual, emotional and physical development of the child. Emphasis is thus laid on promoting overall personality of child enabling him/her to secure a strong sense of self. In International Fateh Academy there is a strong ethos of parental involvement for we recognize need for open communication between the school and the home. It is only when teachers and parents work in partnership that a child can grow as a sincere, sensitive and respectful citizen.

Mrs. Ramanpreet Kaur  
(Principal)

## From the Director's Desk (Sports)

## The Importance of Sports in the Life of a Student

The importance of sports in the life of a young student is invaluable and goes much further than the basic answer that "it keeps kids off the streets." It does in fact keep kids off the streets, but it also instills lessons that are essential in the life of a student athlete. Sports play a pivotal role in the makeup of a young athlete, especially in the middle school to high school years where student-athletes are much more mature and mentally developed. Where else can a young, impressionable youth learn values like discipline, responsibility, self-confidence, sacrifice, and accountability? Television, which may be the most influential tool in the lives of young adults, does not show enough of these qualities, nor is it on the Internet, or radio. Rather it is up to the parents, teachers, sports teams, clubs, and after school programs to help mold, develop, and instill these qualities into the lives of student athletes. We (IFA) have good core of coaches that understand the great responsibility that is placed upon their shoulders to help shape and prepare these student-athletes not only in sports, but in their everyday lives.

S. Jasjit Singh, Director (Sports)



### From the HR Desk

With its plurality and paradoxes, India never ceases to fascinate and education in India is only one among various other elements that have captured the attention of the world. While the United Nations is worried about the presence of a large number of illiterates, various other countries are amazed by the quality of some of the human resources that the Indian education system has produced. The growth of the Indian economy in the recent past and the compulsion to sustain it is also forcing the Indian government to accelerate the process of developing all the branches of the Indian education system. Therefore, it would be very interesting to understand and analyze the various structures of education in India, its present condition and future developments. Education is important not only for the full development of one's personality, but also for the sustained growth of the nation.

**Elementary education in India**, therefore, is the foundation on which the development of every citizen and the nation as a whole hinges. But making **primary education** available for all in India has also been one of the major challenges for the government. India is a developing country. The main factor that made India to step towards development is its educational wealth but still its poverty stricken. Mostly 80% of the population depends on agriculture and out of it 60% is illiterate. Thus the basis of all these problems is illiteracy. It is a main factor that can bring an end to all these rising problems among common man.

Education is very important in the present day life. Only a literate person can now adjust with the development of society. Especially girls or women must be educated. As they play vital role in the society. There are some people around us who still don't let their girl children to go to school and get educated. All these old customs or practices have to be removed. When a girl is educated she attains knowledge gains power this helps in her self development. When she has a family it gives a positive thinking and influences that family in various ways. When her kids grow she too makes them educated. This helps the society to improve in all aspects. This leads our country gradually to develop. It's a fact that every one must get educated, when girls get educated, they become aware and it reflects in the upcoming generations of our country. When all get educated problem of rising poverty gets decreased. In all aspects education is an important factor that helps in bringing about various changes to ourselves as human beings and also to the society.

Getting educated makes man perfect and eligible. The new generation must get educated and be valuable resources to our own country. World being today in this position, the basis of all these achievement is education. Thus getting educated is very important to be a good human being and a good citizen. With Education we can achieve all that we want and can make new things and resources and meet the growing needs.

Mrs. Manisha Ghosh Singh  
Manager (HR)



### PARENTS OF CANADIAN M.P.MR. BAINS HONOURED BY IFA

On 19/03/2010, Mr. and Mrs. Balwinder S. Bains, parents of Mr. Navdeep Bains (Member of the Canadian Parliament for Mississauga Brampton South) came to International Fateh Academy (IFA). They appreciated IFA and wished good luck for its future. The IFA family honored them. Mr. Navdeep Bains won the Liberal nomination for the Mississauga Brampton South in 2004. In October 2005, he also became the member of the Red Ribbon Task Force. In 2006, Mr. Bains was appointed the official Opposition Critic for Public Works and Government Services, Treasury Board and Natural Resources. In 2007, he was appointed to the National Election Readiness Committee as a Caucus Representative and also served The Young liaison to the Young Liberals of Canada. In 2009, Mr. Bains was again appointed co- chair of special committee on party renewal.





### **IIND FATEH HOLLAH MOHALLA 'SPORTS DAY' CELEBRATION (4<sup>th</sup> and 5<sup>th</sup> March, 2010)**

International Fateh Academy celebrated its IInd Fateh Holla Mohalla Sports Day on 4<sup>th</sup> and 5<sup>th</sup> March, 2010. The event began with Prakash of Sri Guru Granth Sahib. Baba Sewa Singh from Khadur Sahib was the Chief guest on 4<sup>th</sup> March. The students sang shabads and dhadi waran. Baba Sewa Singh Ji gave his blessings to students and appreciated the work done by S.Jagbir Singh, Chairman of IFA for his service to humanity.

The Final event was held on March 5th 2010. The school play ground wore a festive look with colourful flags. The Sports day began with the lighting of the torch by the Chairman. S. Jagbir Singh and this was carried in relay by the Captains of the 4 houses and installed by the Chairman in the torch stand. The inaugural address by the Chairman S. Jagbir Singh and welcome speech by Vice Chairperson Mrs. Ravinder Kaur was given. A match of soccer was played. Karate and Gatka performances were presented. Tug of War of boys and girls and games by parents and teachers were played. Prizes were given to the students for their excellent performance in academics and sports. The function was closed with a vote of thanks. The Chief Guest S. Dalbir Singh, MLA, Verka, congratulated the students on this occasion and inaugurated the Wi-Fi system in the school expressing hope that the school flourishes to greater heights. The Guest of Honour were Gopal Singh Zania, Member SGPC, Tejinder Singh Happy, Kashmir Singh International Kabaddi Coach. The fete was also organized in which food stalls and various exciting games like lucky dip, ringing the parcel, bursting the balloons, inserting coins in the bucket etc. were organized.

### **How Parents can Help with their Children's Homework**

There are things you can do that will help your child do the assigned homework and that result in learning, which, after all, is the reason for being in school.

**Communicate** with your child about school. This includes talking to him/her about his/her friends, activities, teachers, and assignments.

**Show enthusiasm** about school and homework.

**Set realistic goals** for your child, and then focus on one at a time.

**Help your child get organized.** Break down assignments into smaller, more manageable parts. Set out needed items (clothes, homework, permission slips, etc.) the night before to avoid last-minute rushing around in the morning.

**Provide a quiet study corner** in your home complete with paper, markers, a ruler, pencils and a dictionary.

**Never do your child's homework!**

**Be specific** when you do praise something.

**Focus** on your child's strengths in school.

**Build associations** between what is taught and what your child already knows and understands.

**Separate** your child's school weaknesses from your child. If your child fails a test, that is all the child fails. He or she is not a failure.

**One more thing: Never do your child's homework! (deliberately repeated)**





### **IFA 2nd ANNIVERSARY CELEBRATION (12<sup>th</sup> to 15<sup>th</sup> April, 2010)**

Creation day of Khalsa cum 2nd Anniversary of International Fatch Academy were celebrated with great zeal and religious fervor, celebration began with Arambh Sri Akhand Path and there continuous recitation of Gurbani. On 13th April, a bedecked van (designed for this purpose) in which the Holy Granth was enshrined, moved through the streets of Jandiala Guru with a cavalcade in the form of Nagar Kirtan with Panj Piaras leading the procession, school band playing rhythmically and the students performing Gatka. It was a marvelous



sight. Bhog Sri Akhand Path was on 14th April, students rendered 'Shabad Khalsa Mero Roop Hai Khas' with devotion. Honorable Chairman of IFA, S. Jagbir Singh expressed his views regarding Baptism and exhorted the students never to bow down to negativity. The celebration was culminated with the 'Sarbat Da Bhala Kirtan Darbar' in the open grounds of IFA on 15th April, 2010 wherein high performing ragis enthralled the sangat with rendition of melodious Shabads. Present at the Smagam were: Bhai Davinder Singh Ji Khalsa (Khanna Wale), Bhai Randhir Singh Ji (Hazoori Ragi Sri Harmandir Sahib), Bawa Sewa Singh Ji (Khadoor Sahib Wale) and other Gurusikhs of the Panth. The students with their family, relatives and neighbours participated in this occasion from the core of their heart. The message was 'Welfare of Humanity' (Sarbat Da Bhala) without discrimination of caste, creed, colour or sect. There was free kitchen for all from 12th to 15th April.

### **Poem Solar Flare**

I looked up at the Sun and he was frowning, "But I have stayed the same, it's Earth that altered, his voice was like a fiery ball of flame, he told you people wouldn't stop your greedy ways, the fragile me that the planet Earth was drowning, balance in the sky has faltered, and now it's very close to "And mankind thinks," he said, "that I'm to end of days. blame!"

"I've been here, burning constantly for ever, spinning, the planet will remain when you are gone, and I watched the planets cool and shape and form, I'll be here, like back in the beginning, my sunlight formed the seasons and the weather, and man evolved because your with no-one left to beam my sunshine on." planet's warm.

"A hundred years ago I was the hero, I told him I would try and make them listen, it's not too late to right the wrongs we've done, a friendly face to light a summer's morn, and when all the world has raised their hands and risen, perhaps we'll see a smile upon the Sun. now my reputation stands at zero, too much of me beams through a sky that's torn.





### **EARTH DAY CELEBRATION (22<sup>ND</sup> April, 2010)**

On 22<sup>ND</sup> April, 2010, the students of International Fateh Academy (IFA) celebrated the 'Earth Day' the students planted the trees in the campus and performed cleaning of gardens, they also took part in the Earth Day Poster Competition. On this day Baba Sewa Singhji of Khadoor Sahib contributed some rare plants and sent his colleague Subedar Balbir Singh ji, who himself encouraged the students to plant the trees and gave message about the importance of Green Revolution / Plants in our life. Students were also taught about the reasons for the deterioration of the greenery due to

Pollution and wastage of available resources, so we all are responsible together to protect our ecosystem by lessening pollution, controlling wastage and by protecting the natural resources.



### **SEMINAR ON 'SMART PARENTING' & PT MEET (8<sup>th</sup> May, 2010)**

A seminar on 'Smart Parenting' (4th in the series of parenting) was conducted at International Fateh Academy in which parents were made aware about Parent- Child relationship and about Healthy Habits and emphasis was also laid on spending quality time with the children. The seminar commenced with a musical tribute to mothers on the occasion of 'Mother's Day'. Parents appreciated the effort of the academy in creating awareness among the parents and assured their eager cooperation.

### **IMPORTANT TIPS FOR PARENTS & CHILDREN**

\* Cleanliness should be maintained \*Turban should be tied properly \*Student must carry handkerchief in school \*Student must carry Water Bottle in school \* Washing hands before eating \*Healthy and attractive Lunch Pack \*Students must carry fruits for Short Breaks \*Nails should be small and clean \*A child should take minimum 8 glasses of water in a day \* Student should reach pick up point on time \*Student should reach school on time \*Punctuality and discipline should be maintained \*Etiquettes should be maintained \*Homework must be completed on time \*Parents should check the Agenda Book regularly \* Parents should take all the notices seriously \*Please update us about your change of address or phone number and in case your child is allergic to any particular thing or medicine \*Give quality time to your child \*Try to be your child's best friend \*Never ignore your child and listen to all his/ her problems



*Let me know the differences*

- A school master and a station master  
One trains the minds, the other minds the trains
- A peasant and a pilot  
One planes the land, the other lands the plane.
- A philosopher and a fool  
One doesn't practice what he thinks and the other practices what he does not think
- A child and A sailor  
A sailor makes a bed in the ocean, whereas child makes an ocean in the bed
- A lady and a soldier  
One powders the face and other faces the powder

*Try these tongue twisters*

- ❖ Sunny finch fever floundering fish for franci's father
- ❖ Six slim slick slender sapling
- ❖ Petter piper, picked a peck of pickled paper corn whereas the peck of pickled pepper corn  
That petter piper peiked.
- ❖ Betty bought some butter, but the butter was bitter So Betty bought another butter to make the bitter butter better but bitter butter made the better butter bitter.
- ❖ I feel a funny fell, a funny fell, I feel if you  
Feel, I can feel the fell you feel.

*Home Work*

Home work is so boring,  
That people start snoring  
Whenever there is a test,  
we don't get time to rest.

Homework does not let us relax,

As we have to study

No homework should be there,  
If it will be it is not fair

Manmohan Singh  
Grade V

*New Meanings*

SCHOOL:- The most modern hospital visited by patients suffering from special diseases called study.

POLITICIAN:- A person who promises to build a bridge even when there is no river

DISCIPLINE:- A word that is missing from the student dictionary.

PROFESSOR:- A man who professes everything but does nothing new

LEADER:- One who shouts louder than the loudspeaker and runs faster than others when stones are pelted on him.

*Guess what?*

1. An old woman has 12 children some long, some short, some cold, some hot.  
What are they?
2. I have no beginning and no end. I am not God what am I?
3. What is it which starts with 'T' ends with "T" and it is full of 'T'
4. What is it that is yours, but others use it more than you?
5. Two little windows shining bright, close by themselves at night, the sun comes up the following day and the day opens up at the very same time.

Answers:- 1. Months of the year  
2. Circle  
3. Tea Pot  
4. Your name  
5. Eyes



**Everyday Mysteries**

1. The Andersons were finishing a picnic lunch when a thunderstorm struck. Mr Anderson hurried his family into the car because he knew that:
    - a. Lightning is less likely to hit a moving target.
    - b. The rubber tyres effectively insulate the car.
    - c. The car's steel body leads any charge safely away from the vehicle's occupants.
  2. When the weatherman on the radio predicted rain and high winds, Sally glanced at her barometer and noticed it was rising. This meant, most likely, that:
    - a. Good weather was on the way
    - b. The weatherman was right. Bad weather was coming.
    - c. It is impossible to predict the weather
  3. Waiting at a railway crossing, Nils noticed that the whistle on the approaching train sounded high as it came towards him, then seemed to drop in pitch as the train passed by. Why?
    - a. Sound waves from an oncoming locomotive are pressed together, making them sound higher.
    - b. Sounds have a different pitch depending on whether they enter our right or left ear first.
    - c. It's an illusion created by the noise of the passing train; the pitch remains the same.
  4. Looking out of the window one day after a snow shower, Larry asked his father how the birds could sit on the wet high-voltage power lines without being electrocuted. His dad correctly explained that:
    - a. All high-voltage lines have an insulated cover that prevents electrical shocks.
    - b. An enzyme in the birds' claws blocks shock.
    - c. The birds do not touch anything directly connected to the ground.
- Answers: 1. c, 2.a, 3: a, 4: c

**Dare to Discipline**

- "Discipline is one of the most loving, durable gift a parent can give a child"
- ❖ Punishment, is something you do to a child.
  - ❖ Discipline is something you do for a child. It may involve punishment, but with a clear Loving purpose to correct the child's behaviour.

**Quote**

"There is no greater courage than that of recognizing one's own mistakes"

**Recipe of the Month****Navratan Sandwich**

Ingredients: 3 teaspoons pudina chutney or tomato ketchup

3 teaspoons mayonaisse ½ cup allo bhujia or navratan mixture

1 Potato-boiled & mashed, 1 medium sized onion finely chopped, 1/4 table spoon chat masala

Method1: Take 3 slices of whole wheat bread, put 1 teaspoon of pudina chutney or Tomato ketchup on each slice.

2. Take the other 3 slices of bread and put 1 teaspoon mayonnise on each slice

3. Mix navratan bhujia, mashed potato chopped onion and chat masala in a bowl

4. Put this mixture on the mayonnised slices

5. Cover this with ketchup slices, Cut into triangular shapes and serve.

**Money is not Everything**

With money you can have amusement,  
but not happiness  
With money you can have bed,  
but not sleep  
With money you can have book,  
but not knowledge  
With money you can have medicines,  
but not health  
With money you can have luxuries,  
but not culture  
With money you can have a house,  
but not a home  
with money you can have a temple,  
but not a Lord  
With money you can have everything,  
but not life

**Let's Laugh**

Teacher - What is the Chemical formula for water

Student - "HIJKLMNO!"!!

Teacher - What are you talking about?

Student: Yesterday you said it's H<sub>2</sub>O!

Child: Dad, have you ever been to Egypt?

Father: No, why do you ask that?

Child: Well, where did you get this mummy then?

Teacher: "I killed a person" convert this sentence into future tense.

Student: The future tense is "U will go to prison"

Teacher: Did your father help you with your homework?

Student: No, he did it all by himself

Son: "Dad, can you write in the dark?"

Father: "I think so. What is it you want me to write?"

Son: "Your name on the report card"